

**FEMSJØEN RUNDT 2015**

**Resultatliste**

Plass	Startnr	Navn	Klubb	Tid	Etter
5R K17-19					
1	200	SAMSING Hedda	Frogner IL	3:09:21	0:00:00
5R K20-29					
1	201	VAMNES Caroline	Sagene IF Sykkel	2:58:59	0:00:00
2	112	FRANG Maria Isabel	SK Rye sykkel	3:10:24	00:11:25
3	300	TUORES-BØ Siri	IF Frøy	3:20:55	00:21:56
5R K30-34					
1	252	BAKKE Vibeke	Sandefjord Sykleklub	2:58:59	0:00:00
5R K30-39					
1	202	KRISTIANSEN Therese	Moss CK	2:57:10	0:00:00
2	301	DALENG Yuma	Halden Ck	3:37:25	00:40:15
3	303	EKLUND Therese	Ingen klubb	4:44:01	01:46:51
	302	HALS-THUNE Lill Cathrin	Driv IL	DNF	
	304	BERGH Therese	Ingen klubb	DNF	
5R K35-39					
1	147	OLOFSEN Anna	Marker Cykkelklubb	3:07:00	0:00:00
1	146	KAJO Helen	Marker Cykkelklubb	3:07:00	0:00:00
5R K40-49					
1	305	TILLMAN Marion Isabel Norun	CK Øst	3:42:21	0:00:00
5R M17-20					
	101	LYSTAD Tobias	IF Frøy	DNS	
5R M20-24					
1	105	MINGE Andreas	Fredrikstad SK	2:29:44	0:00:00
2	106	FJELLVÅG Asbjørn Slagtern	Oslostudentenes IK	2:29:51	0:00:07
3	103	HANSEN Trygve	Mjølkerampa SK	2:30:27	0:00:43
4	107	SKALLEBERG Sondre Nobel	Oslostudentenes IK	2:30:38	0:00:54
5	154	TOBIASSEN Henrik	Fredrikstad SK	2:31:18	0:01:34

6	108	SVENDSEN Victor Borge	Halden Ck	2:43:01	0:13:17
7	204	SOLLI Håvard Landgraff	Ingen klubb	3:08:59	0:39:15
8	203	LARSEN Kai-Erik	Ingen klubb	3:11:55	0:42:11
	104	ESPELUND Knut	Halden Ck	DNF	
	102	AASBØ Snorre	Fredrikstad SK	DNS	

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#### 5R M25-29

1	114	NOSSEN Johan Noraker	Follo SK	2:29:50	0:00:00
2	172	STUDSRØD Jonathan	Sagene IF Sykkel	2:29:51	0:00:01
3	117	AUNE Jens Christian	NHHI	2:30:37	0:00:47
4	160	TEIGLAND Geir Kristian	IK Hero	2:30:38	0:00:48
5	111	IVERSBY Martin	Fredrikstad SK	2:30:44	0:00:54
6	113	PEDERSEN Frank- Gøran	Skjeberg CK	2:31:12	0:01:22
7	119	LIE Stian	Halden Ck	2:31:16	0:01:26
8	168	GUSTAFSSON Jon	Halden Ck	2:31:30	0:01:40
9	118	FJELLVÅG Øystein Slagtern	Oslostudentenes IK	2:31:52	0:02:02
10	115	HAUGE Jon Åsbjørn	Lillehammer CK	2:34:12	0:04:22
11	258	BJERKE Halvard	Hedrum CK	2:44:26	0:14:36
12	116	RUUD Amund	Team Baldur	2:44:34	0:14:44
13	110	MIDTGÅRD Kristian	Fredrikstad SK	3:00:23	0:30:33
14	205	RISNES Andreas	Ingen klubb	3:09:39	0:39:49
15	306	ASLAKSRUD Petter	Ingen klubb	3:09:59	0:40:09

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#### 5R M30-34

1	120	GUSTAVSEN Martin	CK Øst	2:30:21	0:00:00
2	159	RØEN Tomas Alfred	IK Hero	2:30:37	0:00:16
3	173	NØRBECH Jostein	Aaby CK/Rambøll	2:30:40	0:00:19
4	143	VON DER FEHR Peter	Bærum Sykkelklubb	2:30:57	0:00:36

5	122	MOE Dag Julius	SK Rye sykkel	2:31:00	0:00:39
6	144	GULBRANDSEN David	Bærum Sykkelklubb	2:31:11	0:00:50
7	150	ALMQUIST Jonas	Skjeberg CK/AK Mekaniske AS	2:31:30	0:01:09
8	121	DAHLGREN Mats	Fredrikstad SK	2:33:44	0:03:23
9	206	ENGER Ole-Christen	Vestre Aker SK	2:44:20	0:13:59
10	267	NIELSEN FRIIS Kjartan	Ingen klubb	2:44:39	0:14:18
11	209	ERIKSSON Carl	Fredrikstad SK	2:44:52	0:14:31
12	259	HUNSKAAR Gudmund	Sagene IF Sykkel	2:51:57	0:21:36
13	208	HAGEVIK Per Gunnar	FINN.No	2:56:19	0:25:58
14	141	OLSEN Aleksander	Skjeberg CK	3:01:10	0:30:49
15	248	SOLHEIM Dan Atle	Ringnes BIL/Buns of Steel	3:10:18	0:39:57
16	207	RISNES Sven-Egil	Ingen klubb	3:10:40	0:40:19
17	210	SKJÆRLI Thomas	Ingen klubb	3:44:21	1:14:00
18	307	JOHANSSON Bengt	Ingen klubb	4:43:59	2:13:38
	161	UNDRUM Andre	Rye Sykkel	DNF	
	317	BYRKE Magnus	Ingen klubb	DNF	

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#### 5R M35-39

1	124	SOLBERG Vidar	CK Øst	2:30:49	0:00:00
2	151	ROSSING Roger	Skjeberg CK	2:31:16	00:00:27
3	153	CHRUICKSHANK Sverre	Holmestrand SK	2:42:18	00:11:29
4	211	GRETLAND Martin	Moss CK	2:44:49	00:14:00
5	269	BAKKEN Rune	Moss CK	2:44:56	00:14:07
6	264	ANDREASEN Lars	Ingen klubb	2:45:26	00:14:37
7	123	MELIN Erik Magnus	Skjeberg CK	2:55:46	00:24:57
8	169	SLIVER-KABO Lars Morten	Sarpsborg SK	3:00:25	00:29:36

9	212 AASEN Jon	Smaalenene SK	3:01:28	00:30:39
10	247 UKJENT PK	Buns Of Steel	3:10:37	00:39:48
11	266 KRISTIANSEN Ronny	Buns Of Steel	3:17:33	00:46:44
12	309 HAUGEN Øystein	Ingen klubb	3:20:14	00:49:25
	125 ANDERSEN Jonas Fredrik	CK Øst	DNF	
	145 FAGERENG Magne	Team Familiy Halden	DNF	
	308 OLSEN Tor Atle	Ingen klubb	DNF	

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#### 5R M40-44

1	158 PETTERSSON Tomas	Team Swesports	2:30:35	0:00:00
2	170 HOEL Sven Ove	Njård	2:30:40	0:00:05
3	129 GARNAAS Kjell Fredrik	Moss CK	2:30:50	0:00:15
4	126 BIRKEVAAG Robert	Soon CK	2:30:51	0:00:16
5	175 BRYNTESEN Michael		2:30:54	0:00:19
5	127 HARJO Thomas	PwC	2:30:54	=
7	128 TRØMBORG Anders Johannes	Soon CK	2:31:02	0:00:27
8	166 KOLLERUD Christian	Ingen klubb	2:31:31	0:00:56
9	167 BØRSAND Helge	Sarpsborg SK/Overtråkket	2:43:24	0:12:49
10	250 FOLKENBORG Anders	SpKI Ceres Sykkel	2:45:01	0:14:26
11	254 CARLIN Bjørn	Bærum OCK	2:45:07	0:14:32
12	263 EKTRANEN Petter	Sarpsborg SK	2:45:11	0:14:36
13	219 AASEN Frode	Moss CK	2:45:23	0:14:48
14	213 HUSEBY Geir	Moss CK	2:46:09	0:15:34
15	218 SOLHAUG Eirik	Halden Ck	2:57:03	0:26:28
16	240 SKJENNUM Terje	Helgeroa Sykkelklubb	2:57:06	0:26:31
17	251 GULLIKSEN Morten	Sandefjord Sykleklub	2:57:09	0:26:34
18	221 TANGNES Roy	Halden Ck	2:57:15	0:26:40

19	174 BJARKØY Odd Terje	CK Nittedal	3:00:10	0:29:35
21	222 SLYDAHL Alf	Skjeberg CK	3:10:30	0:39:55
22	215 JEVNE Pål	Skjeberg CK	3:13:42	0:43:07
23	316 BECKHAUG Robert	Halden Ck	3:17:29	0:46:54
24	220 SOLEM Erik Wiig	Buns Of Steel	3:17:33	0:46:58
25	217 NGUYEN Khai	SpKI Ceres Sykkel	3:20:13	0:49:38
	131 BRUMOEN Kjell Vidar	Lillehammer CK	DNS	
	142 ANDERSEN Morten	Halden Ck	DNS	
	214 AASRUD Erik	Fjellfoten SK	DNS	
	216 SKOG Tor-Einar	Follo SK	DNS	

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5R M45-49

1	133 GUNDERSEN Lasse	Asker CK	2:31:02	0:00:00
2	164 NØSTERBERGET Ketil	CK Nittedal	2:31:09	0:00:07
3	130 FJÆRDESTAD Lasse	Fredrikstad SK	2:31:16	0:00:14
4	155 FRØMYR Geir	Notodden SK	2:31:21	0:00:19
5	149 HANSEN Ronny W.	Milton Larvik SK	2:31:47	0:00:45
6	132 MOE Halvard	Ørsta SK	2:31:53	0:00:51
7	163 WOLL Øyvind	CK Nittedal	2:43:33	0:12:31
8	157 MARTINSEN Gjermund	Team Family	2:43:43	0:12:41
9	261 LANDE Stig	Sarpsborg SK	2:44:55	0:13:53
10	223 ANDERSEN Pål	Ck.Øst	2:58:51	0:27:49
11	148 KAMPENES Freddy	Team Family	2:58:55	0:27:53
12	253 ERIKSEN René	Fredrikstad SK	3:03:40	0:32:38
13	229 EIDE Roger	CK Øst	3:10:18	0:39:16
14	225 MONSEN Inge	Frogner IL	3:10:21	0:39:19

15	312	BJØRNSTAD Tom Ivar	Ik Comet	3:16:20	0:45:18
16	311	HELMERSEN Morten	Follo SK	3:17:33	0:46:31
17	315	MØLLER Ole Ronny	Team Familiy	4:35:59	2:04:57
	171	HAGLERØD Ole Anton	Follo SK	DNF	
	224	LØKKETANGEN Edvard	Sherpa CykleKlub	DNF	
	226	ARILDSET Thomas	Kolbotn SK	DNS	
	227	BERGHEIM Jan Tore	Ingen klubb	DNS	
	228	VENJUM Svein	Sogn CK	DNS	

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#### 5R M50-54

1	135	KRISTIANSEN Bjørn	CK Øst	2:31:11	0:00:00
2	165	HANSEN Jan Arve	Mjølkerampa SK	2:31:57	0:00:46
3	137	OREBRÅTEN Terje	Ringerike SK	2:32:09	0:00:58
4	162	LUNDE Øyvind	CK Nittedal	2:43:43	0:12:32
5	241	FORSBERG Gunnar	Skjeberg CK	2:45:28	0:14:17
6	260	JONSSON Patrik	Uddevalla CK	2:46:41	0:15:30
7	257	SCHIØTZ Jan Erik	Konnerud IL Sykkel	2:56:50	0:25:39
8	230	HANSEN Tom Kristen	Holmestrand SK	3:03:47	0:32:36
9	249	BJERKELI Trygve	Halden Ck	3:10:21	0:39:10
10	242	GNOLDEN Lasse	Orkla Foods Norge avd Fredriks	3:22:38	0:51:27
11	244	STANG Øyvind	Orkla Foods Norge avd Fredriks	3:33:13	1:02:02
12	231	BLOMKVIST Jan Edvin	Fredrikstad SK	3:34:00	1:02:49
13	255	BERG Thor Egil	Ingen klubb	3:43:31	1:12:20
	136	RASMUSSEN Rolf	CK Øst	DNS	

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#### 5R M55-59

1	152	GJERDE Roy-Arne	Holmestrand SK	2:31:02	0:00:00
2	138	OLSEN Per Harald	Sarpsborg SK	2:31:19	0:00:17

3	234 HAUGSRUD Bård	Moss CK	2:56:57	0:25:55
4	236 GRAARUD Tom Rune	Jobzone	2:57:00	0:25:58
5	140 ANKER-RASCH Ole	Holmenkollen CK	2:58:03	0:27:01
6	233 ANDERSEN Bjørnar	SK Rye sykkel	2:58:37	0:27:35
7	262 HANSEN Klaus Willy	Mjølkerampa SK	2:59:19	0:28:17
8	313 TANGEN Erik	Ringerike SK	3:09:46	0:38:44
9	232 SVEEN Roy	Eidsvoll SK	3:20:11	0:49:09
	314 LUNEBORG Lars	SpKI Ceres Sykkel	DNF	
	139 ALEXANDERSEN Bertil	CK Øst	DNS	
	235 BUNES Fred Elmer	Ingen klubb	DNS	

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#### 5R M60-69

1	238 WICHSTRØM Espen	Halden Ck	2:57:09	0:00:00
2	156 HOPLAND Svend	Rye Sykkel	2:58:07	0:00:58
3	239 VENJUM Arne	SpKI Ceres Sykkel	2:58:19	0:01:10
4	237 BRATLIE Ola G. D.	Moss CK	3:10:18	0:13:09
5	401 SANDBERG Tor Ivar	Halden Ck	3:10:20	0:13:11
6	246 SCHIE Steinar	Orkla Foods Norge avd Fredriks	3:20:51	0:23:42
7	245 HANSEN Vidar	Orkla Foods Norge avd Fredriks	3:21:57	0:24:48
8	243 AAS Roald Petter	Ingen klubb	3:32:29	0:35:20
8	268 ALKANGER Tom	Sunnaas	3:32:29	=

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#### M 70+

1	265 ØDEGAARD Knut	Moss CK	3:10:08	0:00:00
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#### 5R M60-69 Tandem

1	256 KARLSEN Magne	Ullensaker CK	2:50:09	0:00:00
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#### Master M30-34

1	1002 GUSTAFSSON Joakim	Halden Ck	2:37:09	0:00:00
2	1003 PRESTMARKEN Stian Fossum	Kjekkass IF	2:38:16	0:01:07

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Master M35-39

1	1004 HAUG Øyvind	SpKI Ceres Sykkel	2:32:48	0:00:00
2	1008 DALEN Christian Garli	Kjekkas IF	2:33:19	0:00:31
3	1006 MARTINUSSEN Bjørn-Tore	Carlberg Velo SK	2:37:06	0:04:18
4	1005 BØYUM Olav	IK Hero	2:37:35	0:04:47
	1007 SVENDSEN Kim Atle	Halden Ck	DNS	

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Master M40-44

1	1014 VOLDSET Fred	Halden Ck	2:32:36	0:00:00
1	1021 HELLMAN Stefan	Halden Ck	2:32:36	=
3	1016 GRANLY Lars Erik	Halden Ck	2:32:45	0:00:09
4	1020 KARSTOFT Steffen	Asker CK	2:32:47	0:00:11
5	1010 STRØMNES Tor Egil	Sarpsborg SK	2:37:06	0:04:30
6	1011 HARSETH Pål	Halden Ck	2:37:25	0:04:49
7	1018 MADSEN Vegard	Skårer CK	2:37:35	0:04:59
8	1019 JENSEN Lars	Halden Ck	2:37:41	0:05:05
9	1013 RØYNDAL Bjørn	Halden Ck	2:38:01	0:05:25
	1012 NILSEN Robby	Halden Ck	DNS	
	1015 BERTELSEN Sveinung	Sandefjord SK	DNS	
	1017 ULSET Trygve	Asker CK	DNS	

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Master M45-49

1	1036 RØD Frode Martin	Skjeberg CK	2:32:35	0:00:00
2	1034 HELGESEN Vidar	Notodden SK	2:36:57	0:04:22
3	1031 ROKNE Cato	SK Rye sykkel	2:37:04	0:04:29
4	1028 KURE Jon-Anders	Sarpsborg SK	2:37:09	0:04:34
5	1023 GULBRANDSEN Jahn	Saltnes Sportsklubb	2:37:13	0:04:38
6	1032 TANGELAND Tommy	Moss CK	2:37:16	0:04:41
7	1026 PEDERSEN Jørn Arve	Moss CK	2:37:25	0:04:50



8	1035 RINGSRØD Ole-Johnny	Skjeberg CK	2:37:29	0:04:54
9	1025 REIN Bernt Ove	Fredrikstad SK	2:37:34	0:04:59
10	1029 EDVARDESEN Cato	Halden Ck	2:38:01	0:05:26
11	1022 HAUG Christian	Moss CK	2:38:06	0:05:31
	1027 LILLOE Magne	IF Frøy	DNF	
	1024 SCHEI Ronny	Sarpsborg SK	DNS	
	1030 REFSTAD Morten	SK Rye sykkel	DNS	
	1033 ANDERSEN Willy	Ullensaker CK	DNS	

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Master M50-54

1	1009 SØRENSEN Runar	Notodden SK	2:32:44	0:00:00
2	1038 AASGRAV Ole Morten	IL Skarphedin	2:37:03	0:04:19
3	1040 ANDERSEN Iver	Tønsberg CK	2:37:19	0:04:35
4	1039 GUNDERSEN Tom Ole Grimsrud	Moss CK	2:37:25	0:04:41
5	1037 BRENNÅ Arild	Notodden SK	2:37:28	0:04:44
6	1041 NØLAND Vidar	Halden Ck	2:58:30	0:25:46
	1042 SØRENSEN Runar	Notodden SK	DNS	

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Master M55-59

1	1047 REINES Are	Kolbotn SK	2:37:06	0:00:00
2	1046 OLSEN Per Helmer	Halden Ck	2:37:19	0:00:13
3	1043 BRAATHEN Jon	Asker CK	2:37:26	0:00:20
4	1045 STRØMNES Arvid W.	CK Øst	2:37:35	0:00:29
5	1044 DREIERSTAD Jarle	SK Rye sykkel	2:58:18	0:21:12

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Master M60-64

	1048 BREDER Hans-Jørgen	Foreningen Frikransen	DNS	
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Master M65-69

	1049 HANSEN Dagfinn J.	Moss CK	DNS	
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Mtb K30-39

1	2202 ØYANGEN Oline	Skjeberg CK	2:11:07	0:00:00
Mtb K40-49				
1	2203 JOHANSEN Rigmor	Skjeberg CK	2:11:07	=
Mtb M20-29				
1	2204 BØNØGÅRD Jens Andre	Halden Ck	1:25:10	=
2	2228 LEDARD Pierrig	Halden Ck	1:36:32	0:11:22
3	2225 OLSEN Lars Magne	Spent Halden	1:40:19	0:15:09
4	2205 HAGA Tobias	Halden Ck	1:44:34	0:19:24
Mtb M30-39				
1	2208 HOLØYEN Jørn	Halden Ck	1:25:45	0:00:00
2	2224 NICOLAISEN Øyvind	Spent Halden	1:27:42	0:01:57
3	2206 ANDERSEN Martin Kristoffer	Lørenskog CK	1:27:48	0:02:03
4	2221 VIKEN Anders	Halden Ck	1:28:10	0:02:25
5	2207 HOFGAARD Jon	Halden Ck	1:28:23	0:02:38
6	2211 TORP Martin	Halden Ck	1:28:41	0:02:56
7	2229 NILSEN Morten Olav	Sparebank 1 Halden	1:32:58	0:07:13
8	2210 SLETTEN Ronny	Skjeberg CK	1:55:23	0:29:38
	2209 LANGVIK Frode	Halden Ck	DNS	
Mtb M40-49				
1	2227 JAKOBSEN Ole Gunnar	Skjeberg CK	1:28:20	0:00:00
2	2212 ANDERSEN Ronny	Skjeberg CK	1:28:22	0:00:02
3	2222 LERVIK Lars	Nexans/TeamSpent	1:28:38	0:00:18
3	2215 MAGNUSSEN Jørn Gisle	Skjeberg CK	1:28:38	=
5	2220 HOLT Magne	Halden Ck	1:32:45	0:04:25
	2213 ARNEBERG Sven-Erik	Halden Ck	DNS	
	2214 BØHN Claes Jørgen	Halden Ck	DNS	
Mtb M50-59				
1	2226 SVENDSEN Sven	Halden Ck	1:28:55	0:00:00

2	2217	ENG Arnfinn Emil	Halden Ck	1:33:34	0:04:39
3	2219	KRUIHOF Evert	Halden Ck	1:48:09	0:19:14
4	2218	GRANDAHL Rune	Halden Ck	1:49:09	0:20:14
5	2216	BYSTRØM Tommy	Skjeberg CK	1:56:25	0:27:30

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Mtb M65-69

1	2223	ULSRØD Gunnar O.	Aremark IF	1:55:56	0:00:00
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	2201	AXELSSON Tina	Halden Ck	DNS	
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